



See pictures inside

www.coldharbour-pc.gov.uk

50th Edition of *Coldharbour News*

The Coldharbour Parish Council Newsletter

June 2019

FAIR IN THE SQUARE

Saturday 13th July 2019



All the fun of the Fair from 1pm to 6pm

CELEBRATING

50th

EDITION

of Coldharbour News



Coldharbour News
THE COLDHARBOUR PARISH COUNCIL NEWSLETTER Spring 2005

Parish Magazine April 2005
Welcome everybody to the first edition of Coldharbour News. I hope you will find it informative, entertaining and helpful.

On behalf of Coldharbour Parish Council I would like to thank Cllr Andy Barton, Chairman of our Leisure Committee for seeing this project to fruition and a special thank to Cllr John Mitchell and Cllr Sally Pattinson whose hard work and persuasive powers have ensured that this first edition has been delivered on time.

This magazine will I hope ensure that we as a Parish Council inform our Residents of what is going on within our Parish and what is to come. It will provide Community groups including the Church on Fairford Leys and the Centre on Fairford Leys an opportunity to show what is going on in their groups and so keep all the Households in the Parish up to date on all the activities within the Parish. It will also allow businesses and shops on Fairford Leys to advertise their wares.

In future editions we would also hope that Residents will offer articles about their hobbies or interests. There is also information about our first Summer Fete at the Square on the 25th June 2005. We have lots of exciting plans for this event and hope you will come and enjoy yourselves.

Finally, enjoy reading your new Parish magazine and please write in and let us know what you think of it.

Paul Hughes
Chairman of Coldharbour Parish Council

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If you have any suggestions or articles for inclusion in the next edition please send them to the Editor.

Councilor Andy Barton

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Coldharbour Parish Council was first formed in 2001 and in 2005 the Leisure Committee proposed that a Newsletter be produced for Fairford Leys and Cllrs Sally Pattinson and John Mitchell set to work to put together the first Edition of Coldharbour News in spring 2005. This edition promoted our first Fair in the Square event on the front page together with a message from the first Chairman of Coldharbour Parish Council, Cllr Paul Hughes. I have put together a picture from each edition to try to give a snapshot of what has been happening in Fairford Leys during that time.

Cllr Sally Pattinson Editor

Front of Coldharbour News from Spring 2005

Summer 2005

Chairman Paul Hughes opened the first Fair in the Square.

Summer 2005

Everyone enjoying the Carousel.

Winter 2005

Skate in the Square and the first Christmas in the Square.

Spring 2006

Shirley Slade and Tracey Gascoyne accept Aylesbury Business Excellence Awards.

Summer 2006

Cllr Steven Lambert is elected as the new Chairman of Coldharbour PC.

Autumn 2006

Birdseye view of Fair in the Square.



Winter 2006

Coldharbour News won the National Association of Local Councils Newsletter of the Year Award.



Autumn 2007

Our purpose built flood defences kept everyone dry.



Autumn 2008

Official Opening of the Fairford Leys Centre Garden designed by Claire Houston of Passiflora Designs.



Spring 2007

Chairman Cllr Steven Lambert, wearing the new chain of office kindly gifted by an anonymous donor, presenting PCSO Ian Ledger with a Certificate of appreciation for his commitment to Fairford Leys.

Christmas Fayre in the Square



Winter 2007

Promotion for Christmas in the Square.



Winter 2008

Royal Visit: HRH the Duke of Gloucester visited Fairford Leys to admire the design of the buildings.



Summer 2007

New full page poster for Fair in the Square.



Spring 2008

Public Meeting arranged by the parish council to highlight the shortage of places at St Mary's school.



Spring 2009

County and Parish Councillors join pupils and Governors to ask for places for ALL Fairford Leys Children at St Mary's School.



Summer 2008

Cllr Tony Whittaker told us about his trip to New Zealand.



Summer 2009

Parish Councillors joined Fairford Leys WI to collect 36 bags of rubbish in their Big Tidy Up.



Autumn 2009

The parish council announced the provision of much awaited allotments.



Autumn 2010

Public meeting held to voice our opposition to HS2.



Autumn 2011

Fairford Leys increasingly popular Dog Show, kindly organised by Zandra Carrington.



Winter 2009

Confirmation that our long awaited village pub will be called the Honey Bee and due to be opened before Christmas.



Winter 2010

The induction of Rev. Anthony Howells to the pastorate of the Church on Fairford Leys.



Spring 2010

In the spring we said goodbye to Rev Fred Ireland, first minister of the Church on Fairford Leys after 10 years of service.



Spring 2011

We celebrated 10 years of Coldharbour Parish Council.



Winter 2011

Nalema and Naser Habib opened Munchies cafe and Indian restaurant in Hampden Square.



Summer 2010

Andrew Barnet was appointed Fairford Leys Centre Manager and Steve Webb as Ground Maintenance Officer.



Summer 2011

Our 25th edition included pictures of Fairford Leys Street parties to celebrate the wedding of HRH Prince William and Catherine Middleton.



Spring 2012

Promoting Fairford Leys Open Gardens event.



Summer 2012

The parish council planted 2 trees to commemorate the Diamond Jubilee of Her Majesty Queen Elizabeth II.



June 2013

Cllr Andrew Cole was elected as Chairman of the parish council.



June 2014

Following the approval by Government in Parliament for HS2 the parish council presented a petition voicing our concerns and seeking mitigation.



Autumn 2012

Pupils from Bearbrook School showed off their cooking skills.



October 2014

Just one of many of Fair in the Square and the 5th Annual Dog Show.



Winter 2012

We were delighted to report that after seven years of campaigning Bucks County Council had at last agreed to build an extension to St Mary's School.



October 2013

Mobile Vehicle Activated Sign installed in an attempt to control speeding traffic on our roads.



February 2015

Seema and Katan Patel took over the Fairford Leys Pharmacy and have provided an excellent service to our village.



February 2013

Cutlers Village Barber's opened its doors to customers.



February 2014

The Church on Fairford Leys unveiled their plans for alterations to the layout of their building.



June 2015

Announcing our first Music in the Square.



October 2015

In April Cllr Stuart Jarvis was elected Chairman of Coldharbour Parish Council; He held the post for the next year.



February 2017

Chairman Cllr Andrew Cole presented Diane Nolan retiring president of Fairford Leys WI with a Certificate of appreciation for 16 years of work for the WI and their contribution to the community.



June 2018

In April Cllr Adam Poland was elected as the New Chairman of Coldharbour Parish Council.



February 2016

The council paid for a defibrillator to be fitted outside the Fairford Leys Centre. We hope it will never be needed, but it may save a life.



June 2017

Jane Rice took over from Diane Nolan as President of Fairford Leys WI.



October 2018

Chairman Cllr Adam Poland presents the first prize for the allotment competition to Mr McNichols.



June 2016

6 benches were provided by the council across Fairford Leys.



October 2017

Amira Khan and her daughter Imaan Yasin opened the newly refurbished Utopia gift and coffee shop.



October 2016

We featured this wonderful picture of a rainbow over the village.



February 2018

Cllr Andrew Cole laid a wreath at the Remembrance Service in November.



June 2019

Front Cover of the Coldharbour News 50th Edition.

Annual Report of Coldharbour Parish Council April 2019



"I have been lucky enough to be Chairman for the past year. It has been a period of change, success and challenges this past year."

Thanks to Council Staff

Firstly I would like to praise and offer both mine and the council's thanks to both the Fairford Leys Centre manager Andy Barnett and staff and the Grounds Maintenance Manager Steve Webb and staff. I personally feel that the past year has seen a further increase in the quality of their work. The centre is looking better than ever and is a real focus for our community. There have been challenging economic times for the centre but I feel that it has flourished under Andy's management. The grounds team continue to make Fairford Leys one of the most attractive places to live in the local area. My favourite time of the year is spring and the daffodil display we are treated to every year.

Chairman's Official Duties

I have been involved in meetings with AVDC concerning both the Wren Path Care Home (alongside Cllr Cole) and taking part in a Workshop regarding the Aylesbury Garden Town initiative (alongside Cllr Pattinson). Over the year I have represented the community at both Fairford Leys Remembrance Service and Christmas in the Square. I have also spoken to and discussed issues with numerous residents, including weed management, footpath maintenance and noise disturbance. We have also now introduced a Facebook page to help improve our communication to our parish. We are now getting regular messages through this channel.

When about, representing Coldharbour Parish Council in the community I often hear and receive comments about how youthful our Parish Council is. Although that is very true, I do tend to correct them. We are a council of doers. We have ideas, we run with them. We occasionally take (sensible) risks for the benefit of our community and none of us are here for the status. We are here to help improve our community.

We have liaised with Thames Valley Police and The Fairford Leys Centre has hosted 2 community marking events which have been well used by the community.

We have had meetings with the HS2 liaisons to our area. This has proved interesting and will continue to be a challenge over the next few years to ensure minimal disruption to our residents.

Community Events

As a council we have organised and enjoyed many community events. Fair in the Square was another success, despite the Semi-Final of the World Cup which did affect numbers. Music in the Square was another well attended event. The work by the leisure committee to make these events self-sustaining is to be commended. Our Remembrance Sunday service was incredibly moving and very well attended and the arrival of Father Christmas to the village is always a sight to remember.

The Leisure Committee has made great strides in making our community events self-sustaining and increasing the activities on offer. This is down to the dedication of those committee members and the council as a whole. It is also worth noting the closure of the Youth Club and subsequent disbanding of the Youth Services committee, whose responsibilities have now been taken over by the Leisure Committee. Preparations for Fair in the Square are progressing nicely and Music in the Square has been taken in house (with thanks to Cllr Cole) and looks set to be another great evening.

Land Transfer

I was very pleased to sign the land transfer documents for the Riverine Corridor last month (although I feel I was standing on the shoulders of giants who

have done the hard work over the last 15 years) to finally get the land handed over to our council. I am sure we all agree on the rapid improvements the grounds team have made already.

Thankyous

One of the great things of being Chairman is being a member of all committees and seeing the decisions made. Personal and community thanks need to go to Cllr David and his Finance Committee, who, over the past few years have dealt with falling income from local government, price rises and inflation and managed to create a budget to make Coldharbour Parish financially sound for many years to come.

I would like to thank our District and County Councillors, Cllr Cole, Cllr Lambert and Cllr Jarvis for all their sterling work representing our community at District and County Level. For keeping us informed of developments that may have an effect on us at a local government level, and for their behind the scenes work in helping accomplish the land transfer for the Riverine Corridor.

No annual statement is complete without a word about our Clerk. We are incredibly lucky to have Keith working diligently and passionately for our community. This past year has shown to me just how much he actually does, both what is visible to the council and what happens behind the scenes. Also, the help, guidance and sense of humour he has shown this new Chairman has been very much personally appreciated.

Lastly, I would like to thank you, the parish council. On a personal note, this year has been one of unexpected change (in a great way). Thank you for all your support and kind words during our pregnancy and since the arrival of Baby Evan. Since his arrival, although lacking sleep, I understand even more the value of community. As a parish council we are the drivers of our community. It could not be in better hands for the future.

Cllr Adam Poland
Chairman of Coldharbour Council
2018-2019



Your Coldharbour Parish Councillors

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Events Summary

As it is now 8 months since the last edition of Coldharbour News, it seems like a good time to give you an update on some of the things that the parish council have been doing on Fairford Leys.

Remembrance Service 2018

Remembrance Sunday 11th November dawned bright and clear and Hampden square was full of people who had come along to this special service to commemorate the hundredth anniversary of the end of the First World War on 11th November 1918. The service was led by Revd. Anthony Howells and wreaths were laid by Cllr Adam Poland on behalf of Coldharbour Parish Council, Cllr Andrew Cole on behalf of AVDS and Cllr Steven Lambert on behalf of BCC, together with representatives of the Fairford Leys community.



Christmas in the Square

Our annual Christmas in the Square event took place on Saturday 8th December commencing with the second outdoor Nativity presented by The Church on Fairford Leys. Carols were sung, led by the Aylesbury Concert band, mulled wine and mince pies were served by the Fairford Leys WI and Father Christmas managed to find his way through crowded skies to arrive on time in his trusty sleigh on his way to his grotto to meet the children; our thanks to the parish council, the maintenance team, the Fairford Leys Centre staff, the WI and of course Father Christmas for working hard to make this a successful event.



Thames Valley Police Security Marking

On 19th January, the parish council arranged for some of our local police team to come to the Fairford Leys Centre to mark personal property – bikes, scooters, tools etc. with their details. Several people attended including the Hawkins family who are pictured having their scooters marked up. Further sessions will be arranged in the near future – watch the parish notice board and Facebook page for further details.



If you have any interesting or informative articles for inclusion in the October edition of Coldharbour News please send them to **sally@buskrigg.co.uk** by Friday 20th September

Front cover picture by Ian Morris

Advertising Rates and Copy Deadlines

Advertising space is strictly limited. To book your space please call Andrew Barnett on 01296 422800 or email andy@fairfordleyscentre.org.uk.

¼ page £55 ½ page £85 Full page £115*

* Discounts available to advertisers committing to 2 consecutive editions with payment in advance.

Copy deadlines for the October edition are:

Advertising Friday 13th September 2019
Articles Friday 20th September 2019

The inclusion of an advertisement does not imply endorsement of the company or its products by Coldharbour Parish Council, nor does it constitute a recommendation. Coldharbour Parish Council cannot be held liable for any loss, damage or injury arising from goods sold through any advertising in this magazine.

Parish Council News

Presentation to Youth Club Leaders

At the February meeting of the council, Chairman Cllr Adam Poland presented the parish council's "Certificates of Appreciation" and bouquets of flowers to Karen Tofte and Amanda Ewers for their years of commitment and service to youth work in the parish. The parish council originally asked its Community Centre Manager to start a Friday Youth Club and this continued with other residents assisting and taking the work forward. Karen agreed to expand the work of the youth club and worked with Amanda and others to do this. Both Karen and Amanda have dedicated hours of their own time whilst employed by the parish council to do this work and they have been assisted by a number of young people who have grown up in the community and continued to help with the youth club. The chairman thanked them for their hard work.



Community Litter Pick

On 13th April we had our annual litter pick which we ensured coincided with Keep Britain Tidy week.

We had 15 residents join our very own councillors Poland & Cole which we were delighted with. Thank you so much to those who helped and continue to help keep our village clean.

Please remember to take your litter home with you or use the bins provided..

If you are interested in helping at the next litter pick or any other events, please email me at SJJames75@hotmail.com



On this subject we have been reminded about rubbish bins blowing over on windy days and spilling their contents over roads and footpaths. Please remember to check bin collection days for Bank Holiday weeks and in the event of bad weather and when it is really windy to think which way you stand your bin, lid against the wind not facing it for it to be blown open.



From Your Chairman

Welcome to this 50th edition of the Coldharbour News. I hope that the spring months have treated you all well. As this is the 50th edition it would be remiss of me to not thank Cllr. Pattinson for her sterling work in gathering articles and editing this great community newsletter.

As ever, spring arrived in a colourful floral display planted and tended to by our amazing grounds team. We are lucky that Fairford Leys is maintained by a great grounds team, who many of you will see out and about keeping Fairford Leys looking lovely and that we have an amazing community centre run by a great team and accessible to all. I would like to thank all of our dedicated staff.

We had another Community clean up organised by Cllr James; thanks all the volunteers who came out on a cold wet Saturday to help make their community that little bit cleaner and tidier.

I have recently signed the paperwork that transfers the first phase of the Riverine Corridor to the parish council. This has been an ongoing saga (for the past 15 years) and many thanks must go to our Clerk and District and County Councillors for persevering with this. You may have noticed the works already taking place. Please be assured, the works that are happening are under the guidance of experts and are bringing the riverine corridor back to its intended state after years of neglect.

Our annual Fair in the Square is taking place on Saturday 13th July and Music in the Square is taking place on Saturday 7th September 2019. I hope to see many of you there enjoying these community events. A very small team runs these events and we are always on the lookout for volunteers to help us. If you are willing to give up some of your time then please contact us.

We have welcomed two new councillors in the past year; Cllr. Wadlow and Cllr. Bradford. They have already had an impact on community matters and are a great asset to the council. Cllr. Bradford has taken over as Police Liaison to the parish council and engages with Thames Valley Police on our behalf.

Don't forget if you have any issues or questions for the council you can contact individual councillors or attend our public meetings, they are the first Thursday of the month at 8pm in the Fairford Leys Centre.

Cllr Adam Poland
Chairman of Coldharbour Parish Council

Bucks County Council News

The following is an extract from the Annual Report to Goldharbour Parish Council – April 2019 by **County Councillor Steven Lambert**

Unitary Authority

The Secretary of State had made a 'minded to' decision on the future of the County and District Councils, setting out a plan for a single Buckinghamshire-wide council. This week the Secretary of State laid the Structural Change Orders to formally make this happen.

This is the second piece of legislation required to implement the new unitary council for Buckinghamshire and follows on from the Regulations that were agreed earlier this year.

The Structural Changes Order details how the change to the new council will take place and how it will be set-up. The draft Order will be considered and debated by both Houses of Parliament.

No changes of any significance have been made since the original draft. The Order confirms the following details:

- The name of the new council will be 'Buckinghamshire Council' and it will have 147 councillors.
- Elections for the new council will take place in May 2020.
- A temporary Shadow Authority will be formed, with all current county and district councillors having a seat on this body; the shadow authority will set the 2020/21 council tax and budget.
- Leadership will be provided by a 17 seat Shadow Executive with eight District nominees and eight County

Council nominees, plus the Leader of the County Council as its Chairman unless the Executive votes otherwise.

- An implementation team, led by the County Council Chief Executive and with a district Chief Executive as deputy, should be established to manage the smooth transfer of services and staff to the new Council

It is expected that the Order will take around 6 to 8 weeks to progress through Parliament. Once it is approved the Shadow Authority then needs to meet within 14 days. With just one year to go, some real and effective progress in bringing together the more than 1000 work-streams across all five authorities is properly underway.

HS2

Preparatory works I commence by HS2 representatives up and down the line. Unlike our Member of Parliament I have maintain my strong opposition to this major project which does not benefit Aylesbury in any way, but leaves a poorly mitigated scar across our green and open space and comes within a few hundred meters of Fairford Leys. I have continued to help a number of residents with questions and issues arising from the scheme

Changes to 'The Dump' (Household Recycling Centres including Rabans Lane)

The County Council cabinet have made reductions to the opening times of the Rabans Lane Recycling Centre from 1st April 2019 and have introduced charges for certain items taken there by residents. The Rabans Lane 'dump' will no longer be open on Wednesdays and Thursdays, though the Aston Clinton site will remain open 7 days a week.

From 1 April 2019 residents are charged for disposing of non-household waste items such as, bags of rubble, kitchen units, fence panels etc. Before unloading your waste, you will have to see a member of site staff who will work out how much you need to pay. Payments will be accepted via credit, debit, or pre-paid payment card only. Cash payments will not be accepted.

Details of the charges can be found here:

<https://www.buckscc.gov.uk/services/waste-and-recycling/changes-to-buckinghamshire-recycling-centres/charges-for-non-household-waste/>



Call **01296 585 858** to report **parking** issues

For issues involving **dogs** please phone the dog warden at Aylesbury Vale District Council **01296 58 56 05**

For **public road** issues please phone Bucks Highways on **01296 395000**

For **noise** issues please phone Environmental Health at Aylesbury Vale District Council on **01296 585 858**

Parish Council

For **speeding** issues, please contact your local Parish Council on **01296 422800**, who will forward the information on to the Community Speed Watch Team.

Grounds Maintenance update – Riverine corridor

Back in 2001 when the Coldharbour Parish Council (CPC) came into being it was always their goal to adopt the riverine corridor and all of the green spaces in Fairford Leys. This had the advantage that they could look after it with their own staff and maintain it for all of the residents. Over the last few years the Parish Council has been working closely with the developers and AVDC to get the riverine corridors into a more manageable condition before the adoption process would be completed.

The first phase has been handed over to CPC and the team have been managing the first stretch from Bright Start Nursery down to Chelsea Road for the last six months. You may still see the developer's contractors working on the site from time to time as they are completing the next six phases before

the whole adoption process will be complete.

The kind of work the team have been carrying out include removal of damaged and deceased trees, cutting back of footpaths and bridges and general maintenance including litter clearance and grass cutting. Whilst to some residents the initial work may seem a little harsh it all forms part of an overall strategy and programme of works, which in the long run will benefit both the residents and the wildlife.

I would like to assure all residents that we only take out trees and bushes which have been carefully assessed by an independent tree surgeon and myself as I am also a qualified tree surgeon, before any works are carried out by the contractors or the CPC team. I am happy to answer any questions you may have.

We have received some lovely comments from residents who have noted the return of some wildlife and flowers and who are grateful for the hard work the team are doing to keep Fairford Leys looking lovely.

We will keep you informed about the progress of the riverine corridor adoption in future issues of Coldharbour News and if you have any questions in the meantime please contact CPC or attend the monthly council meeting.

Steve Webb
Senior Grounds
Maintenance Officer



Meet your New Councillors

Councillor Simon Bradford

I've been living in Fairford Leys for the last 15 years. During my time here, I've been involved with St Mary's School (through my step daughter) and also worked as a Special Constable for Thames Valley Police. Part of that role was to be a neighbourhood representative for Fairford Leys. This involved working with residents to reduce anti-social behaviour and to bring the police and the public closer together.

My full time job is Solution Consultant for Vodafone and when I'm not spending my spare time working as a Councillor, you will find me with my family and friends or at the gym at Nuffield Health.



Cllr Simon Bradford

Councillor Steve Wadlow

My wife, Julie, and I moved to Andrews Way Fairford Leys in 1999, our two children have grown up here both attending St Mary's school, they are now teenagers.

I have a small local glazing business operating from home.

Having lived on Fairford Leys for 20yrs I thought it time to join the parish council to support the good work they have done for our local Community over the years we have been here.



Cllr Steve Wadlow



kw

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The Church on Fairford Leys

“This fiftieth year will be a jubilee for you.”

Leviticus 25:11

Looking forward to the summer prompts many people to think of their holiday plans. Perhaps you've had this all sorted since Christmas or even earlier; or maybe you like to wait and see what last minute deals are offered. Even if it's just a short break in this country, or simply a few days at home, rest and relaxation are vitally important.

It can sometimes seem selfish to take time for ourselves and our families. There is an endless list of tasks to be done; we are called on, at all hours and in various ways, to respond to the demands of others. But remember what the safety briefings always tell us - put on your own oxygen mask or lifejacket first, before you attempt to help others. We need to take care of ourselves if we are to be the best we can for others. This principle is well established in the Bible. After the work of creation God rested on the seventh day, giving us the principle of Sabbath rest. Even if circumstances mean that Sunday is occupied for you, a day apart from our regular activities is important for all of us.

The Bible goes even further than this. God's creation is not just about humanity, but the whole natural world. We are, thankfully, beginning to wake up to the importance of caring for our environment. As well as the Sabbath, the Old Testament talks about care for the land: every seventh year part of the land, in rotation, is allowed to lie fallow with no agricultural activity, including plowing, planting, pruning and harvesting. Anything which grows is a bonus for anyone to



enjoy freely. And it doesn't stop there. After a "Sabbath of Sabbaths", meaning seven cycles of seven years, there was a special arrangement called the Jubilee, in the 50th year. In this special year, God gave abundant blessings, in order to release the people from hard work. Also, debts were cancelled, slaves and prisoners would be freed, people returned to be with their families, and land was returned to its original owners. Harmony and balance were restored to creation.

This may not be the 50th year, but as we mark this 50th edition of Coldharbour News, let's give thanks for this community and all who serve us in this place. Let's do what we can to ensure a balanced and harmonious use of our time and resources, ensuring that no-one goes without and no-one is unfairly treated. Enjoy your holiday, whatever it might look like, and seek that rest you need and deserve.

Revd Anthony Howells
The Church on Fairford Leys

Fairford Leys WI

theWI
INSPIRING WOMEN

Huge congratulations on the fiftieth edition of the Coldharbour News Letter from all at the WI!

We've had a busy time so far this year. We started in January with a talk from a chap from the Medical Detection dogs. He also brought his little dog Buddy who was really sweet.

In February we had a social evening with Fish and Chips. We had a couple of games of bingo and it was a good chance for a chat and catch-up.

In March our speaker was Anne Mills from Lindengate. Ann told us about the great work they do on an area next to Worlds

End Garden centre. It is a great charity that supports mental health through gardening.

At the April meeting Suzannah Hart and Philip Worth came to give us a fantastic talk. Suzannah is the daughter and Philip is the husband of Jennifer Worth who wrote about her early life as a midwife in London and of course inspired Call the Midwife. Also in April we had an Easter craft competition with some incredible entries.

We have so much to look forward to this year with speakers, trips and of course community events in Fairford Leys. Why not come along and see for yourself, you will be very welcome.

Jane Rice
President of Fairford Leys WI



Gentle & Therapeutic Yoga

Beginners
Welcome

Relax Mind & Body

Practise gentle and therapeutic yoga incorporating breathing and relaxation techniques with the gentle movement of yoga postures. My classes are designed for relaxation, de-stressing and gentle stretching. This is not a strong physical workout and is suitable for beginners and those who do not want a strenuous class. Improve your flexibility and restore your sense of calm and energy levels.

Tuesday Evening

6:30 to 8:00pm at

The Fairford Leys Centre,
Fairford Leys, Aylesbury.



I am a qualified Yoga Teacher with the Yoga for Health Foundation

Tel: 07775 531502

Email: john@johngrimesyoga.co.uk

www.johngrimesyoga.co.uk

Fergie's Fitness

Exercise to Music / Pilates Classes

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Work comfortably at your own level – enjoy great music
Have fun – Get Fit – Stay Fit! Burn Calories!

Mondays – Fairford Leys Centre

7pm Pilates

Tuesdays – Weston Turville Village Hall – 7pm

Exercise to Music – All levels

Wednesdays – Bedgrove Pavilion

7pm Pilates

8pm Exercise to Music

Fridays – Bedgrove Pavilion

1.15 pm 50+ Exercise to Music

2.30pm Pilates

Pilates

Pilates is a combination of Matwork Exercises
Incorporating flexibility and strength work,
looking at Body Awareness, Posture and
Core Stability – working on those muscles which support the spine – great
abdominal workout!

£5 per class

Call or email for more information or just come along

01296 338140

sandbar1942@yahoo.co.uk

YMCA/RSA – Pilates Institute

Member of the Zumba Instructor Network – Level 3 Reps



Join the Revival of Vintage Dance:
Lindy Hop and Charleston Classes

SWING DANCE MK

“Laugh as you learn”

The Fairford Leys Centre,
Aylesbury, HP19 7HT.

Doors open 8pm with first
class beginning at 8.15pm.

£5 for 1 class, £8 for 2.

Every Tuesday.



All welcome, no previous experience needed, no need to bring a partner.

Call 07918167217 to claim 2 for 1 entry on your first night.



www.swingdancemk.com

Fairford Leys Centre News



The summer period and particularly the long summer holiday has been a traditionally quieter period for the community centre, however it is worth remembering that a lot of our exercise and adult classes continue through the summer.

This includes slimming world, weight watchers, JBD Exercise and Fitness, MK Swing Dance, ZKS Martial Arts, however it

does mean that we may be able to accept parties on days and at times that we couldn't normally.

Additionally I am pleased that we are about to launch two new classes with a Zumbino class starting Thursday Mornings from 10.30 and 11.30. Also we are pleased to have a bounce exercise class starting two sessions a week beginning in September Monday evenings 19.00 to 20.45 and 9.30 to 10.30 Thursday mornings.

The centre is also now available for hire on Friday evenings.

Improvements at the centre are continuing and we have recently completed the updating of our lighting and are now looking to refurbish other areas of the centre. We are hoping to ensure that by taking these actions we will ensure that the centre remains a venue that people wish to hire.

We continue to offer tea and coffee at a reasonable price as well as photocopying services. We also have an office and a meeting room for up to 6-8 people available for hire.

If you have any questions please do not hesitate to contact us on 01296 422800 or e-mail andy@fairfordleyscentre.org.uk

Andy Barnett
Fairford Leys Centre Manager

FORTHCOMING EVENTS DATES FOR YOUR DIARY

Allotment Competition 28th, 29th and 30th June

Now is the time to start preparing your plot for the best kept allotment competition. All allotments will be judged and 1st, 2nd and 3rd prizes will be awarded at Fair in the Square.



Fair in the Square Saturday 13th July

As you will see from the front page, this popular summer event is on 13th July this year. All the usual attractions will be there including the ever popular Ferris wheel, which will be back in its usual place this year.



Music in the Square Saturday 7th September

This greatly enjoyed family event is back on 7th September. This year Cllr Andrew Cole has kindly taken over the organisation of the event and has arranged for 4 bands to come along to play. There will be a licenced bar and hot dogs and burgers organised by the parish council. So come along, choose your giant deckchair, grab a drink and prepare to dance the night away. See details on back page.



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Aylesbury Concert Band

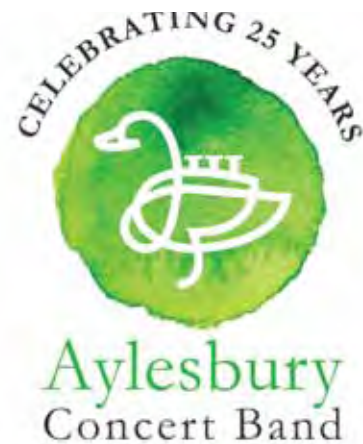
25 years ago in 1994, a group of likeminded people got together and the Aylesbury Town Band was formed. In 1996 the band reconstituted as Aylesbury Community Concert Band and eventually became Aylesbury Concert Band in 2009.

Many of you may have heard us play at Fair in the Square, where we entertain visitors with music from all genres and for all ages or at Christmas in the Square, where we accompany the community carol singing.

You may have also been to Proms in the Park, which takes place every August Bank Holiday weekend in Vale Park and where we play popular tunes from music, film, stage, classical masterpieces as well as original compositions for wind band. We have played Proms in the Park since it started in 2000 and have seen our audiences grow from 200 to over 3,000.

During its 25 years history the band has won various awards at the National Wind Band Festival including Gold.

To celebrate our 25th anniversary we will play a concert featuring the "Best of 25 years". So make a note in your diary and mark Saturday 12 October 2019, at 2.30pm at Holy Trinity Church on Walton Street. Best of all entry to the concert is FREE – donation at the door are welcome. For more information Like our Facebook Page @AylesburyConcertBand or sign up to our Newsletter on our website, aylesburyband.org.



If you can't wait that long then you can hear and see us at Fair in the Square on July 13th and at Proms in the Park on 25 August, where we will entertain you with tunes to bring back "Childhood Memories".

If you play the Trombone, French Horn or Euphonium and would like to join us to make music and new friends then please contact us on info@aylesburyband.org and come to our rehearsals.

Judith Priest - Aylesbury Concert Band

Make it a night to remember...
Join the 10th Midnight Walk

30
Florence Nightingale
HOSPICE CHARITY

Midnight WALK 2019

- Choose 5 or 10 miles
- Start and finish at Aylesbury College
- Open to anyone over 11 years old
- £20 to enter
- Entry includes commemorative T-shirt, medal and breakfast

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www.acar2go.co.uk

Saturday 22nd June
Find out more at fnhospice.org.uk/midnightwalk

Silver Rider Bus Service

On Fairford Leys, Red Rose Travel now operate the Silver Rider bus service. The service runs between Fairford Leys and Aylesbury town centre and passengers can enjoy the following benefits:-

- A Sunday timetable operating every 30 minutes
- Frequent buses running up to every 15 minutes on weekdays
- Free travel to and from the railway station for monthly or longer Chiltern Railways season ticket holders.
- Dedicated Silver rider week and monthly tickets at £12 and £36 per adult
- Family day ticket for £5

For those wishing to travel on to other parts of the town, there is a new Red Group Aylesbury Zone day, week, month and family tickets available which will be valid on the Silver rider and the following Redline bus services within Aylesbury: -

- Route 2 to Quarrendon,
- Route 4 to Berryfields,
- Water rider 6/7 to Watermead and Buckingham Park
- Route 11/11A to Lavric Road and Southcourt
- Route 14 to the Coppice and Elmhurst.



The fares start at £7.80 and £15 for a child and adult weekly fare. For more information about the fares and times please visit www.redrosetravel.com or ask your driver. For more information about local bus services please visit www.buckscc.gov.uk/travelinfo



Amanda Covington
Public Transport Team
Buckinghamshire County Council

Neighbourhood Watch

I am Rio, the Neighbourhood Watch Co-ordinator for Fairford Leys and I would like to tell you how to become a Co-ordinator in your area. It's easy to set up and it is making something that we already do in a more official capacity.

This helps to bring everyone together in a neighbourly way and is also a good deterrent to opportunistic thieves who will be discouraged by community NHW schemes. In our scheme we have an "All Eyes Email Alert" when a member is planning to go away.

In other villages it works well to have a village coordinator who liaises with a network of street co-ordinators, who each have a small patch to look after. Meetings can be face to face or virtually on Facebook and emails.

I am here to help if you would like to start a NHW Scheme on your street/close/road. For details please contact me on riogrr@googlemail.com I am DBR checked and all information is held in confidence. Those creating or joining a scheme will be required to complete a NHW Data Protection Consent Form.



At this time we are promoting "Friends Against Scams". The aim is to help residents be aware of how scams work and how to prevent you from becoming a victim of Scams.

If you are interested in protecting yourself and your families from Scams, please log in to friendsagainstscams.org.uk/elearning/aylesburyvale and complete the online training course. It only takes a short time to complete and is free to all.

Rio Harper - Neighbourhood Watch Co-ordinator for Fairford Leys - 07709500770

Public Footpaths

Keep your dog on a lead and be careful when entering fields with livestock.

We have had reports of serious attacks on sheep on land which have public footpaths running through them. Whilst the public are allowed to walk these footpaths you must keep a dog on a lead if there is livestock in the field. Also be aware, that cattle and sheep may be inquisitive or will protect their young and you could find yourself in a difficult situation if confronted by cattle afraid of a dog.

Farmers are legally entitled to shoot dogs if they are endangering their sheep/livestock.

Staying legal in England and Wales

It is an offence to allow a dog to worry sheep.

Under the **Dogs (Protection of Livestock) Act 1953**, if a dog worries sheep on agricultural land, the person in charge of the dog is guilty of an offence.

The Act considers sheep worrying to

include attacking sheep, chasing them in a way that may cause injury, suffering, abortion or loss of produce or being at large (not on a lead or otherwise under close control) in a field or enclosure in which there are sheep.

It is every dog's instinct to chase, even if they are usually obedient and good with other animals. Chasing by dogs can do serious damage to sheep, even if the dog doesn't catch them. The stress of worrying by dogs can cause sheep to die and pregnant ewes to miscarry their lambs. Sheep fleeing from dogs are often killed or seriously injured by their panicked attempts to escape, causing untold damage to fences and field boundaries in the process. Dogs chasing ewes and lambs can cause mis-mothering issues, with lambs dying from starvation or hypothermia when they become separated from their mother and fail to find her again.

Dog bites can cause death in sheep or necessitate them being put down at a later date, or in less severe cases



considerable veterinary bills and additional welfare issues as a result of flies being attracted to the blood and leading to a nasty health problem in sheep called 'fly strike'. Injuries to sheep can also delay the normal farming routine, be it the mating season or administration of vital medicines and vaccines.

It is vital that you keep your dog on the lead around livestock, even if you can usually trust it to come to call.

If you live in or near a farming area, you must make sure that your dog cannot escape from your property, as it may find its way onto land containing sheep/livestock.

Keith Gray - Clerk to Coldharbour Parish Council



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Jonathan Page play Centre

AFTER SCHOOL CLUB & HOLIDAY PLAYSCHEMES

Hello from the Jonathan Page Play Centre. We hope you are all well and enjoyed the warm February we experienced this year, which was great for playing outside a lot. Unfortunately, when it came to our school holidays in April the weather wasn't all that great but we still had a lot of fun at Easter Playscheme.

We had a visit from Aylesbury's Town Mayor, who judged our Easter bonnets. We made such wonderful and colourful creations that he had a very hard time to choose three winners.

Now we are on the countdown for the big summer break. For some of us it can't come soon enough. Six weeks filled with lots of fun activities and games.

Summer Playscheme 25 July – 3 September 2019

Each week we cover a different topic so if you are joining us for only one day, a week or the whole holidays there will always be something different to do each time.

We also have a large secure outdoor area where we enjoy climbing on the volcano and climbing frames, riding the go-karts around the track or playing football and other games.

If that isn't enough we also have access to a great selection of toys indoors, which range from Action man, Transylvanian Families, to dinosaurs, Lego, Barbie dolls, table football, snooker and lots more. We hope you can join in the fun with us this summer and we can make new friends.

- 25 July – Staying safe
- 29 July – Colours of the rainbow
- 4 August – Cooking week
- 12 August – Things that fly
- 19 August – Messy play week
- 26 August - Holidays
- 2 September – Making Friends

The Playscheme is open to all children from the age of 4 up to their 13th birthday. To book a session at any of the Playschemes and for more information please visit our website www.aylesburytowncouncil.gov.uk/jppc or call us on 01296 336413.

If you would like to visit the Centre together with your children, so you can see and experience what we have to offer at first hand and meet our team of qualified staff, then please give us a call to arrange a date and time.

The JPPC are very much looking forward to more fun and action packed Playschemes and to welcoming everyone.

Judith Priest
Aylesbury Town Council



SUPPORT 4 PARENTS

**Have you ever thought...
If only I knew then what I know now..?**

Now you can help in a really practical way.

We're looking for volunteers to work in a structured way with families in your area who are struggling to parent children under 8.

If you are interested in working with families and have experience in looking after children, you can make a difference.

If you can spare about 3 hours a week, we'll train you in how to pass on your precious skills and knowledge and we'll support you in doing a really worthwhile job.

Want to know more?

**Telephone Barnardo's Support 4 Parents for an informal chat on 07715 428 690
Or email support4parents@barnardos.org.uk**

Nina Loader
Barnardo's
Support 4 Parents



Special ticket offer at Aylesbury Waterside Theatre

Celebrating 50 editions of Coldharbour News down on Avenue Q!

The Bad Idea Bears from award-winning musical Avenue Q gave a great idea to celebrate Coldharbour News's 50th issue – a ticket offer to see them in action between Mon 22 – Thu 25 Jul!

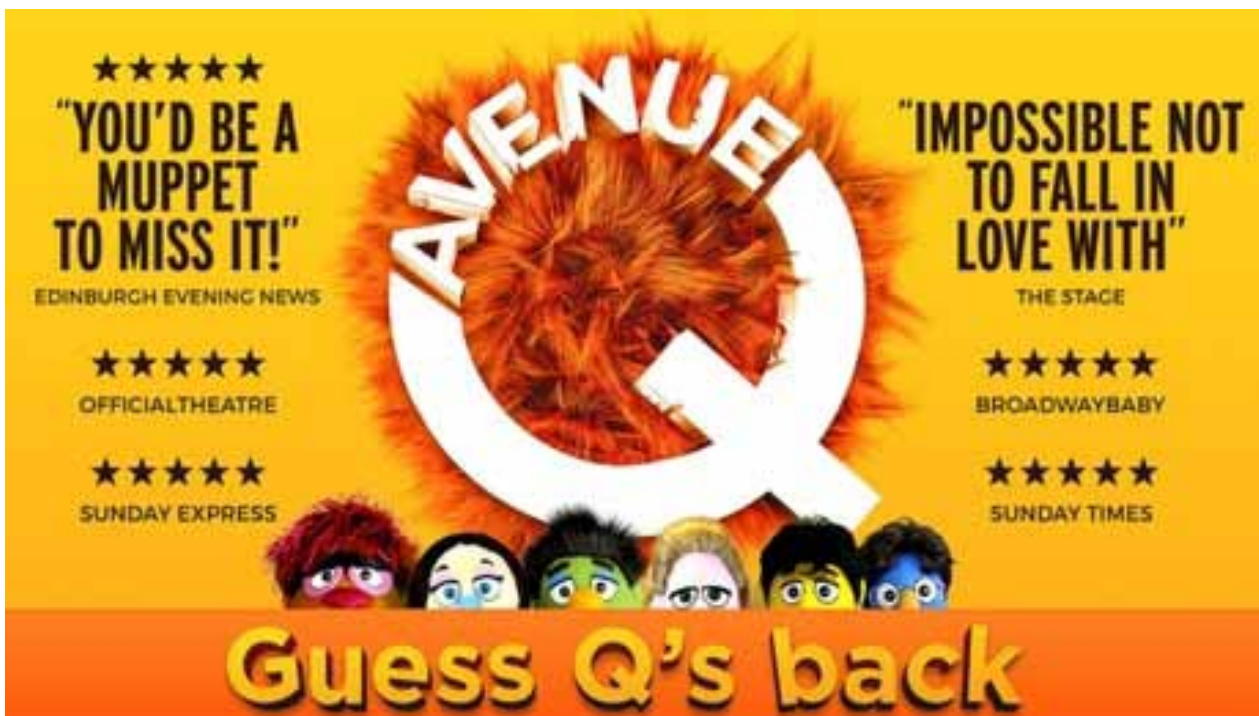
Snap up £20* tickets to see the show, simply quote: **COLDHARBOUR50** at time of booking.

This hilarious, laugh-out-loud musical is back at the Waterside due to popular demand with unforgettable characters on downtown New York trying to make sense of life's burning issues – like what do you do with a BA in English, and how do you find your purpose?!

Suitable for those aged 14+ (and not easily offended!) this is a must for fans of fur-lariously funny shows.

Book today at the **Box Office**, call **0844 871 7607** (bkg fee.) Calls cost 7p per min plus your phone company's access charge or visit atgtickets.com/aylesbury (bkg fee).

*£20 tickets available for performances of Avenue Q at Aylesbury Waterside Theatre Mon 22 – Thu 25 Jul. A £3.90 booking fee applies. Offer valid on Band A & B seats.



SUMMER 2019 at Aylesbury Waterside Theatre:

• Money For Nothing – Dire Straits Tribute Show	Sun 23 June
• Hormonal Housewives	Thu 27 June
• The Illegal Eagles	Fri 28 June
• Johnny Cash Roadshow	Fri 4 Jane
• The Magic of Motown	Sat 29 Jun
• Stage Experience: The Addams Family	Thu 15 – Sat 17 August

Alison Trimming - Aylesbury Waterside Theatre



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Useful Numbers

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Childline 0800 1111	Gas - Emergency 0800 111999
The Church on Fairford Leys 01296 424980	N.H.S. Out of hours 111
Clerk to Coldharbour Parish Council 01296 422800	Silver Rider – Red Rose travel 01296 747926
Doctors Surgery 01296 424488	Stoke Mandeville Hospital 01296 315000
Eastgate Dental Practice 01296 433222	Thames Valley Police 101
Electricity - Power loss 0800 3163105	Thames Water 0800 714614
	Train Times 08457 484950

Dates for the next full council meetings

Meetings are held at the Fairford Leys Centre at 8pm. Everyone is welcome but please check the Parish Notice Board or the website to ensure that no last minute changes have been made.

- Thursday 4th July
- Thursday 5th September
- Thursday 3rd October

There is no meeting in August

And then the first Thursday of every month in 2019
www.coldharbour-pc.gov.uk

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