



# Coldharbour News

The Coldharbour Parish Council Newsletter

February 2016



*See inside for  
details of:  
Fair in the Square  
Music in the Square  
Fairford Leys Dog Show*



## Your Coldharbour Parish Councillors

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### Clerk to the Council

Keith Gray JP, CILCA, FILCM, MILM  
Tel. 01296 422800  
keith.gray6@btopenworld.com

**If you would like to become a parish councillor please contact the Clerk to the Council.**

## News from the Clerk

### Property Covenants – changes to property and planning applications

A number of retrospective applications are being made to the parish council for works on properties on Fairford Leys. The applications are a result of the sellers and purchasers solicitors requesting evidence of permission for such works under The Ernest Cook Trust Covenants which the parish council manage. Can we please remind residents that failure to seek permission could cause problems with the sale of your property. Retrospective permission will not be granted if the parish council have objected to your proposed works or do not agree with alterations already made even though planning permission is not required.

The ECT Covenant Permission must still be sought separately even though you have received Planning Permission or Build Regulations Permission. AVDC clearly point this out on their documentation to residents when giving planning permission.

Garage conversions are also subject to Aylesbury Vale District Council (AVDC) planning regulations and you need to obtain both planning permission from AVDC and "Covenant Permission" from Coldharbour Parish Council, because of the loss of vehicle parking space. These are two very separate permissions.

### Changing your front door

We are constantly contacted for advice on changing front doors. Please note that changing the front door of your property will require ECT Covenant Permission. There are a number of designs on Fairford Leys and these are all acceptable under the Master Plan for Fairford Leys. You can replace like for like and many



residents have done this. However, you must use one of the colours which form part of the design. These are dark blue, black, dark green, red, and white

Some residents have installed completely new, modern designed, doors which are not part of the overall design for the properties. The parish council may not grant ECT Covenant Permission if this is retrospectively applied for should you be in the process of selling your property

### HS2 – The impact on Fairford Leys

The parish council has continued to campaign strongly against HS2 and has paid towards its own Parliamentary Agent to represent our objections to HS2 as well as point out, and fight for, mitigation to the level of impact on Fairford Leys. We are especially concerned about increase in traffic, noise and visibility impact.



Coldharbour Parish is very concerned about traffic impacts across the village. In particular we fear that the spine road (Coldharbour Way), if not used by construction traffic, will be used by rat-running drivers avoiding queues on Oxford Road or Bicester Road. St Marys School is located off Coldharbour Way and there are understandable concerns about pupil safety at the village school, especially as many families walk or cycle to or from this important local facility. The council believes that as a minimum the Promoter (HS2) should place restrictions on construction traffic to avoid peak time operations and should do all it can to manage and minimise vehicle rat-running through the estate.

Whilst it appears that HS2 Ltd has given an assurance that the playing fields will not be affected by either the construction or operation of the railway, and that the

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If you have any interesting articles for inclusion in the next edition please send them to [sally@buskrigg.co.uk](mailto:sally@buskrigg.co.uk)

Front Cover picture by Terry Pattinson

## Copy Deadline & Advertising Rates

Advertising space is strictly limited - To book your space please call Andrew Barnett on 01296 422800 or email [andy@fairfordleyscentre.org.uk](mailto:andy@fairfordleyscentre.org.uk)

Copy deadlines and Advertising Rates for the October edition:

**Deadline for advertising is Friday 6th May**

**Deadline for articles is Friday 13th May**

**¼ page £55 ½ page £85 Full page £115\***

\* Discounts available to advertisers committing to 3 consecutive editions with payment in advance.

The inclusion of an advertisement does not imply endorsement of the company or its products by Coldharbour Parish Council, nor does it constitute a recommendation. Coldharbour Parish Council cannot be held liable for any loss, damage or injury arising from goods sold through these columns or any advertising in this magazine.

# Parish Council News

existing western edge of the village will also be protected, ensuring that the wooded path will remain as a local amenity, the promoter has offered little in the way of visual and noise mitigation for those who live on the north western edge of the village. At this point the line of route will be clearly visible to residents as it emerges from the 'embankments' and heads towards the Thames Valley viaduct, a feature which appears to benefit from very little, if any, visual or noise mitigation. This must be remedied. The parish council is also keen to ensure that the same level of protection is afforded to Coldharbour and its permanent residents, as is proposed for Hartwell House Hotel with its temporary residents.

## Rats and other vermin

It is becoming a real concern to many about the amount of food and scraps being left on the riverine areas for wild animals. Whilst it is nice to feed the birds and other wildlife it is causing a serious problem. The food is attracting rats and other vermin and we request, very strongly, that residents stop putting food and scraps out for the animals along the riverine corridor area.

## Double Yellow Lines outside the shops

Please do not park on the double yellow lines outside the shops - even to "just to pop in for a paper". They are there for the convenience and safety of all and enforcement is being requested by the parish council for the continuing problems of parking on double yellow lines in the main village square and other areas. We are pushing for zero tolerance as people are causing problems for other road users and pedestrians.

## Fairford Leys Public Access Community Defibrillator

We are pleased to announce the installation of a defibrillator which is attached to the wall of the Fairford Leys Centre, under the colonnade. See details on page 4. Whilst we hope that no one has to use this device, we also hope that if they do have to, it will save someone's life.



## New Benches across Fairford Leys

In the last edition of Coldharbour News, we told you that the parish council is considering a request to provide benches across the village and we asked for suggestions as to where you would like them to be installed. Suggestions will be considered at the next council meeting along with a very kind offer from one resident who has offered to pay for one. Watch this space for further details.

**Keith Gray**  
Clerk to Coldharbour Parish Council

## Grounds Maintenance Update

Christmas in the square seems like months ago, but I hope that all the residents who attended enjoyed the evening. I particularly hope you liked the lights which myself and the team put up in the square and the very large Christmas tree which is kindly donated every year by the Ernest Cook Trust to brighten up the village centre on those dark winter evenings. The council hope to provide even more lights this year.

The winter bedding was put in at the end of 2015 and the bulbs are now starting to show themselves ready for the spring. Please can I ask people not to pick them so that they can be enjoyed by everyone in the village.



The council has ordered a large amount of road salt and my team have been busy filling the salt bins around the village. Please note that the salt in the bins is for use by the maintenance team plus residents who need to salt the roads and not for use on private driveways. We only have a limited supply, so please use responsibly. You may have also noticed that the council has also purchased a small road gritting machine that tows behind our vehicle so that the team can be ready for most weather conditions and keep the busses running.

We have also started to do some park maintenance which is ongoing. If you see anything that concerns you please do ring the centre on 01296 422800 so that one of the council staff can address this quickly.

The rain has made the riverine swell and overflow in places and we will start the litter clear up as soon as it is safe to do so.

January is always seen as a dark dull month, so I hope that all the efforts my team have made will be appreciated and that the spring bulbs popping up around the village will give residents a little bit of pleasure when they walk around.

**Steve Webb**  
Senior Grounds Maintenance Officer



## From Your Chairman

Welcome to this addition of the Coldharbour News. Let me start by saying I hope you all had a good Christmas and that the New Year has so far been kind to you.

It was great to see so many residents at Christmas in the Square and to hear so many joining in the carols. A big thank you to all involved in the organisation of the event and a big thank to Father Christmas for making it special for so many children.

The Leisure Committee are busy sorting out this year's events for everyone to enjoy. I hope you will be able to join the us at Music in the Square, Fair in the Square and the Dog Show.

This year the parish council will be asking as many residents as possible to join us for Clean for the Queen. We want everyone to help make Fairford Leys clean and tidy for the summer. We do hope that as many people as possible will be able to join in this big tidy up. See more details on page 17.

The parish council has 11 Councillors who work hard to make Fairford Leys a great place to live, work and play. We are all volunteers who live here and are passionate about our village. We currently are looking for more residents to get involved. It could be you can spare some time to help at the village events, help with some of the Coldharbour News deliveries or you may want to actually join the parish council - there is a vacancy. If you are interested in helping out or becoming a councillor please contact one of your councillors or the Clerk. See page 2 for details.

I look forward to hearing from you

Kind regards

**Cllr Stuart Jarvis**  
Chairman of  
Coldharbour Parish Council

# Public Access Defibrillator

As some of you may have noticed the parish council has installed a large green container outside the Fairford Leys Centre. This briefcase sized box contains a Public Access Defibrillator, or PAD for short, which is a machine designed to assist in the treatment of someone in cardiac arrest.

Its name sounds quite scary and dealing with someone having a heart attack is obviously a very worrying experience but all experts agree that the quicker the treatment for someone in this situation, the better the outcome. In fact for every minute without CPR and defibrillation the chances of survival are reduced by 10%.

The British Heart Foundation has worked hard to raise awareness of CPR (who can forget Vinnie Jones and the Staying Alive advert) and many of us have basic first aid training, yet because, fortunately, we do not come across heart attack victims very often many will be unsure of their skills in a panic situation.

This is where a PAD system comes into its own. The machine is accessed via a code obtained from the emergency services (999 or 112) and once switched on gives clear spoken instructions as to what to do. The machine will also detect the heart's rhythm and deliver a shock if one is required and can treat both adults and children.

These machines do not take the place of CPR but work alongside it and obviously dialling 999 or 112 should always be the first thing that anyone does



if they find someone collapsed but they do provide a safe extra level of treatment until an ambulance arrives.

I hope the PAD will never be needed but am pleased we now have one just in case.

**Cllr Sally-Anne Jarvis**

## Open to all

Aylesbury Park Golf Course is set in magnificent historic parkland. Memberships are available or you can simply pay a green fee. Bookings should be made (up to one week in advance).

In addition to the 18-Hole Main Course we have a charming 9-hole Par 3 'Short Course' with full size greens and a range of bunkers and water hazards. This is a great place to start playing golf or for established players to improve their short game.

Our **Coffee Shop** is open to all—so come and try our Daily Specials freshly prepared by our Catering Manager.

[www.aylesburyparkgolf.com](http://www.aylesburyparkgolf.com) Enquiries Tel: 01296 399196



**AYLESBURY PARK GOLF CLUB**  
Andrew's Way, Fairford Leys  
Aylesbury HP17 8QQ

E-mail: [info@aylesburyparkgolf.com](mailto:info@aylesburyparkgolf.com)

### Pay & Play Green Fee Charges

#### MAIN COURSE (18-Holes)

- Weekends £25
- Weekdays £20
- After 5.00pm £10
- Over 50's and Emergency Services Tues-Fri £15
- Monday Special £12.50

#### SHORT COURSE (9-Holes)

- £6 (up to 18-holes)
- Adult and Child (under 16) £9 (up to 18-holes)



**Come and try our snack menu**

# Christmas in the Square

It may have been a very wet December, but Saturday 5th remained dry (if a little windy) for the Coldharbour Parish Council Christmas in the Square event.

The Square looked beautiful thanks to the Ernest Cook Trust who supplied the main tree and to our Maintenance Team who worked so hard in inclement weather to deck the trees and the square with festive lights. I am sure their efforts were appreciated.

More people than ever, of all ages came along to sing carols accompanied by the Aylesbury Concert Band and led by Councillors and volunteer singers from Fairford Leys. Revd. Anthony Howells introduced the carols, which ended with Jingle Bells, sung with gusto, to signal the arrival of Father Christmas accompanied by his chief fairy and helping elves. A long queue soon formed at the entrance to his magical new grotto and Santa found time to meet every child

and give them some sweets. Louise Moloney from The Party Poppers helped the proceedings along by making a balloon model for all the children. Sincere thanks to Father Christmas and his helpers and to Louise for giving up their time to entertain the little ones.

Meanwhile in the Fairford Leys Centre, our wonderful WI ladies were serving mulled wine and mince pies while members of the concert band played Christmas music. A big thank you to Diane and her team. A very jolly time was had by all who attended. Our thanks must go to Cllr. Nikki Eastwood, Chair of the Leisure Committee, Andy Barnett and the staff at the centre and to the Clerk and all councillors and their families who helped to make the evening a resounding success.

**Cllr Sally Pattinson**  
**Editor**



# JBD Fitness and Dance

## Do you want a NEW YOU, this NEW YEAR?

It's now 2016 and we all have our new year goals. Many people start their new year with a health and fitness goal but just don't know where to start. Here at JBD Fitness & Dance, we offer a variety of different styles of classes to suit everyone. Our combination of friendship, fitness and fun ensure we motivate one another along the way, and it means we can help others too! This isn't just a class where you go to exercise and leave. Each class is a friendly environment and an important part in the community supporting one another. For one great-value price, our members receive healthy lifestyle coaching and exercise classes all in one. We offer affordable weekly classes to help members lose weight and get fitter and healthier as well as our full accountability service for those who want a more personalised approach. Members often socialise with one another outside the class, be that a simple catch up, a theatre visit or one of their party events. Stef Reading says "It's not easy to lose weight but Jo understands the journey. With encouragement from Jo and other members, I've achieved things I never thought possible."

JBD fitness and dance support a variety of different charities, which include Florence Nightingale Hospice in Aylesbury. This year Joanna and her members will be supporting their Danceathon in March, Midnight Walk in July and Colour Run in October, so their calendar of events is already filling up nicely.



The Group is currently fundraising for Gemma Collis to reach Rio for the Paralympics. Gemma is a granddaughter of one of JBD Fitness & Dance members who has been going to classes for nearly 8 years! In 2008 Gemma was diagnosed

with Complex Regional Pain Syndrome. She inspires the world with her fencing skills and we are helping her to reach her dreams and help inspire many more people with a disability to venture in to sports. At our recent Christmas party we raised £250 to show our support of Gemma and her grandmother Jill who are both an inspiration to myself and our members.

JBD Fitness and Dance are offering every reader a FREE class to come and try out for themselves. We offer Cardio Workouts, Fitness Pilates, Aerobics, Body Blast, Kettlebells, Fitsteps and Zumba. JBD Fitness and Dance also offer First Wedding Dance / Hen / Stag party packages, especially tailored to your specific needs. So if you are you getting married, and you want to ensure your special day is magical for you and all of your guests then contact me now for a FREE consultation, or to claim your FREE class" says Joanna.

**Joanna@JBDFitnessDance.co.uk**  
**www.JBDFitnessDance.co.uk**

**Tel. 01296 485933**

# JBD

*Fitness & Dance*



Stef before

*"It's not easy but Jo understands the journey, with encouragement from herself and other members, I've achieved things I never thought were possible" Stef*



Stef after

## CLAIM YOUR FREE CLASS NOW!

Email: [Joanna@JBDFitnessDance.co.uk](mailto:Joanna@JBDFitnessDance.co.uk)  
or call 01296 485933



## Class Schedule

### Monday:

Bedgrove School  
6.15pm Cardio Workout  
7.45pm Course

### Tuesday:

Sir Henry Floyd Grammar School  
6.15pm Dance Fitness

### Wednesday:

Fairford Leys Centre  
10am Aerobics  
7.45pm Course  
8.30pm Fitness Pilates

### Thursday:

Fairford Leys Centre  
9.30am Fitness Pilates  
Mandeville School  
6.15pm Dance Fitness

Our courses vary throughout the year: Dance Bootcamps, BodyBlast, Kettlebells and HIIT

Subject to availability. New and rejoining members only.

# Fairford Leys 'Community' Centre News



In modern times it is easy sometimes to forget what a 'community' is. In respect of Fairford Leys I would suggest the best definition is 'a group of people who live in the same area'. Perhaps more important is another word which I think applies to Fairford Leys alongside community and that is 'spirit' which could be defined as 'the enthusiasm and loyalty that somebody feels through belonging to a group'.

On Fairford Leys we are fortunate to have a village centre which lends itself to community events and a parish council prepared to organise these events, Music in the Square (June 18th), Fair in the Square (July 9th) to name but two.

I feel fortunate at the centre to be able to meet and talk to many residents of Fairford Leys, but equally I often speak to people who do not live in the village but may be hoping to, or come here specifically

to use the shops, doctors, dentist, pharmacy or vets that are on our doorstep. Universally people are impressed with how Fairford Leys has developed and the services we have available.

Among the groups who use the centre, on Monday mornings we have a group who meet up at the centre at 10.30 and then go for a walk around the village, by the riverine or using many of the purpose-built footpaths before returning to the centre for a cup of tea or coffee and a chat. The group only started around the middle of 2015 but is now regularly attended by between 20 and 30 people a number which I believe puts it alongside many other such groups which have been longer established.

Recently the centre has been hired by two charities for Quiz Nights. One was Cruse who provide bereavement counselling and the other was the Karibuni Trust who help children from the streets and slums of Kenya. I am pleased to say that both evenings were a success with around 100 people attending each and both charities made in the region of £900 for their particular cause.

Below, you will find a timetable showing the wide range of activities available here, ranging from WI to Exercise classes, from Slimming World/WeightWatchers to adult and childrens Martial Arts and Karate. On Friday afternoons we have a friendship club. A group of over 55s who meet to socialise have a cup of tea and a cake and play board games. For further details please call the centre on 01296 422800.

I believe we really do have something for pretty much anyone in the community, so next time you are picking up your Indian/Chinese/fish and Chips or using one of the local shops why not take the time to look in at the centre and see what it might be able to offer you.

**Andy Barnett**  
**Fairford Leys Centre Manager**

Day	Ernest Cook Hall	Goldharbour Hall
Monday	09.30 – 15.00 Pre-School 16.00 – 18.00 Drama Class 18.45 – 19.45 Fergie's Fitness 20.00 – 21.30 Hatha Yoga	11.30 – 12.30 Toy Library (every other week) 16.55 – 18.00 Samba Soccer 18.45 – 19.45 Regiment Fitness 19.30 – 21.30 Mens Badminton (private)
Tuesday	09.30 – 15.00 Pre-School 16.00 – 18.10 Claydons Dance Academy 18.30 – 20.00 Gentle & Therapeutic Yoga 20.00 – 21.00 Pilates	9.45 – 10.30 Baby Friendly Post-Natal Pilates 11.00 – 12.00 Badminton (Private) 15.00 – 18.10 Claydons Dance Academy 19.00 – 21.00 Slimming World
Wednesday	09.30 – 11.30 Busy Bees Parent & Toddler Drop-in 15.00 – 16.45 Claydons Dance Academy 17.15 – 18.15 Weight Watchers 18.30 – 21.00 Seido Karate	10.00 – 11.30 JBD Fitness 15.00 – 18.00 Claydons Dance Academy Cheerleading 18.15 – 19.15 New Class to be Confirmed 19.30 – 21.45 JBD Fitness
Thursday	09.30 – 15.00 Pre-School 16.00 – 17.00 Little Dragons (ZKS) 17.00 – 20.00 Childrens Martial Arts (ZKS) 19.15 – 22.00 WI (3rd Thursday Only)	10.00 – 11.30 JBD Fitness 19.00 Parish Council Meeting (1st Thursday of every Month only) 20.00 – 21.00 Metafit
Friday	09.30 – 15.00 Pre-School 18.00 – 21.00 Youth Club	10.45 – 11.30 Tiny Tots Football 13.30 – 16.00 50+ Friendship group 18.00 – 21.00 Youth Club
Saturday		9.00 - 13.00 Tots Tennis
Sunday		9.00 - 13.00 Tots Rugby

## Neighbourhood Watch in Fairford Leys

I am the Neighbourhood Watch Coordinator for the village and I provide an interface between Fairford Leys Neighbourhood Watch groups and Thames Valley Police.



People often ask me what Neighbourhood Watch involves.

Initially the setup for each scheme is very easy:

1. A kind volunteer decides to be a co-ordinator for their street.
2. They contact me with details which I forward to Diane Brown of Thames Valley Police requesting a coordinator's pack.
3. The new coordinator visits neighbours and gathers contact details from those who wish to sign up.
4. Planning permission requests for signs on lamp posts are sent to Diane for approval and put in place. I also encourage members to display signs in windows. (Small removable decals).
5. The new coordinators receive notifications from TVP Alerts via e-mail and share with their group and that's all there is to it!

A basic criminal records check is required. Diane will give details to volunteers.

### What are the benefits?

- Getting to know your neighbours and strengthening community ties.
- Possible discount on home insurance.
- High quality advice and information on home security.
- Supporting vulnerable neighbours.
- Enhanced feeling of security.

I would like to ask any existing Neighbourhood Watch Coordinators to contact me so that I can register your details in the overall scheme.

**Rio Harper** NHW Village Coordinator for FFLs

E: [riogrr@googlemail.com](mailto:riogrr@googlemail.com) Contact No: 07709 500770

## Gentle & Therapeutic Yoga

Beginners  
Welcome

### Relax Mind & Body

Practise gentle and therapeutic yoga incorporating breathing and relaxation techniques with the gentle movement of yoga postures. My classes are designed for relaxation, de-stressing and gentle stretching. This is not a strong physical workout and is suitable for beginners and those who do not want a strenuous class. Improve your flexibility and restore your sense of calm and energy levels.

**Tuesday Evening**

6:30 to 8:00pm at

**The Fairford Leys Centre,  
Fairford Leys, Aylesbury.**



I am a qualified Yoga Teacher with the Yoga for Health Foundation

Tel: 07775 531502

Email: [john@johngrimesyoga.co.uk](mailto:john@johngrimesyoga.co.uk)

[www.johngrimesyoga.co.uk](http://www.johngrimesyoga.co.uk)

## DESTINY

HAIR DESIGN

*Are you looking for longer, thicker locks for 2016?*

*We're an official stockists of Great Lengths  
Hair Extensions.*

*Call us now on 01296 337555 for a consultation  
with our  
Extensions Specialists.*



### Fergie's Fitness

#### Exercise to Music / Pilates Classes

#### Great 'all-round' fitness classes

*Work comfortably at your own level – enjoy great music  
Have fun – Get Fit – Stay Fit! Burn Calories!*

**Mondays** – Fairford Leys Centre  
7pm Pilates

**Tuesdays** – Weston Turville Village Hall – 7pm  
Exercise to Music – All levels

**Wednesdays** – Bedgrove Pavilion  
7pm Pilates  
8pm Exercise to Music

**Fridays** – Bedgrove Pavilion  
1.15 pm 50+ Exercise to Music  
2.30pm Pilates

### Pilates

*Pilates is a combination of Matwork Exercises  
Incorporating flexibility and strength work,  
looking at Body Awareness, Posture and  
Core Stability – working on those muscles which support the spine – great  
abdominal workout!*  
£5 per class

**Call or email for more information or just come along  
01296 338140**

**[sandbar1942@yahoo.co.uk](mailto:sandbar1942@yahoo.co.uk)**

YMCA/RSA – Pilates Institute  
Member of the Zumba Instructor Network – Level 3 Reps



# The Church on Fairford Leys

## Do you have a twin?

I wonder what was your most unusual, or most unexpected, Christmas present? As the years go on, and as our family circles get wider, it seems to get harder and harder to find original, useful and meaningful presents. I think this has led to the rise in popularity of the charity catalogues, where you receive a card notifying you of a goat, bicycle, mosquito net, etc. that has been sent on your behalf to a needy family.

We received something along those lines – a toilet. Not the physical item, but a framed certificate telling us of a latrine that has been provided for a community in Pakistan, about 80 km east of Hyderabad. I first came across this scheme many years ago; since then the organisation has merged with various partners, and in the current form they are celebrating their 5th year. They are suggesting that supporters hold a birthday party in celebration, so the church will be doing just that. A time to officially recognise our twinned toilet status, and promote the idea to others in the community. Come along on Saturday 12th March at 5pm for plenty of toilet-related humour!



Water is used as a powerful symbol in many places in the Bible: God bringing order to the chaotic waters at creation; the cleansing water of Baptism; the life-giving water given by Jesus to a thirsty woman. Clean water and sanitation is something that we take for granted, but it is an area where a small amount of help can make such a difference to the lives and prospects of whole communities in less fortunate situations.

This project will work well alongside our regular appeal for funds to support the work of Water Aid. Toilet twinning is a

single fixed donation that can happen at any time; during Lent we ask members of the congregation to collect their loose change, and fill our large collecting bucket in the weeks leading up to Easter. Last year we reached our target figure of £500.

Further information about these organisations is available at:  
[www.toilettwinning.org](http://www.toilettwinning.org)  
[www.wateraid.org/uk](http://www.wateraid.org/uk)

**Rev. Anthony Howells**  
**The Church on Fairford Leys**

## Easter Services and events 2016

### **Mothering Sunday 6th March**

10.30am Family Service

### **Palm Sunday 20th March**

10.30am Family Service

### **Tuesday of Holy Week 22nd March**

Tenebrae Service 7pm

A quiet consideration of the story of Jesus' path to the cross.

### **Maundy Thursday 24th March**

Agape Meal & Foot-washing 7pm

A time bring a shared supper, and consider Jesus final meal.

### **Good Friday 25th March**

10am-12noon. A morning of Easter craft activities, including a short pause for thought, and followed by a light lunch.

7pm service of reflection and meditation

### **Easter Sunday 27th March**

'From Tragedy to Triumph'

Easter Family Communion 10.30am



# Village News

## FORTHCOMING EVENTS DATES FOR YOUR DIARY

**Music in the Square Saturday  
18th June from 5pm to 10:30pm**



Following the success of Music in the Square last year, the parish council will be repeating the event for 2016, but this year it will run for an extra hour. By popular demand Dan Blaze will be hosting the evening and 4 bands will play live music. As last year there will be deckchairs to hire and food and drinks to purchase. This year we will be supporting Bucks Play Association. We look forward to meeting you there.

**Fair in the Square  
Saturday 9th July 1pm to 6pm**

Finally, the big one! Fair in the Square is as usual on the second Saturday in July. This event needs little introduction, but suffice to say that all the usual attractions will be there, together with many and various stalls. So make a note in your diary and come along to the square for a fun filled afternoon for everyone.



### Stall Holders needed

Our list of stallholders is growing fast! So if you would like to have a stall at the fair, please contact the Fairford Leys Centre on 01296 422800 to reserve your space.

**Fairford Leys Dog Show  
Saturday 9th July at 2pm**

Since organising a very successful Dog Show last year, Jacqueline Wenstall and her husband have moved away from Fairford Leys. However we are delighted to be able to tell you that thanks to a willing band of volunteers we are able to announce that the very popular dog show will go ahead as usual alongside Fair in the Square. Further details in the June edition. The chosen charity this year will be Hearing Dogs for the Deaf.

More details will be available nearer the time, but if you think you could spare a couple of hours to help with this effort, please leave your details with the Fairford Leys Centre and we will contact you with more information. Tel. 01296 422800 email [andy@fairfordleyscentre.org.uk](mailto:andy@fairfordleyscentre.org.uk).



**Allotment Competition Saturday 25th June**

2016 will also be the second year of the allotment competition. All plots will be visited by a team of judges and the 3 winners will be awarded their prizes at Fair in the Square. So start sprucing up your allotment now ready for the judges.



**Fairford Leys Motorcycle Club**

Did you know there is a motorbike club in Fairford Leys? It's been going for over a year now and has 37 members. With bikes ranging from sports bikes to customs everyone is welcome, we try to organise ride outs, track days, pub trips and even off road scooter endurance racing during the year. There are a few members who have projects on the go so it's not all just about riding. If you're interested search for Fairford Leys Motorcycle Club (FLMC) on Facebook and join in.

**Matthew Wilde**



# and Events



## Simply Walk

Simply Walk meets every Monday at the Fairford Leys Centre at 10.30am. The walks started in June 2015 and have been successful from the start. We regularly have 20 to 25 walkers attending. We walk on footpaths around Fairford Leys for 45

mins then back to the Fairford Leys Centre for a cup of tea or coffee and a chat. No booking is required and the walks are free to attend, although donations are welcome. We have four trained volunteer walk leaders to lead and back-mark so

nobody will be left on their own.

Walking is very good for your health so if you are interested do come along and join our walks. We are a very friendly group and you will be very welcome whatever your walking ability.

For more information please contact Fiona Broadbent at Simply Walk on 01494 475367, email [simplywalks@buckscc.gov.uk](mailto:simplywalks@buckscc.gov.uk) or visit the website.

**Helen Amato - Volunteer Walk Leader**

### Brain injury charity steps into New Year with Lottery cash boost

The local brain injury charity Headway Aylesbury Vale recently won approximately £10,000 from the Big Lottery Fund to run photographic sessions. This will be of huge benefit to the survivors of Acquired Brain Injury (ABI) because it will give them skills and experience to aid in rebuilding confidence for reintegration into mainstream society.

Headway's trustees also hope the classes will widen their appeal among 18 to 30 year-olds, the main cohort of Aylesbury Vale's estimated 1,500 survivors of ABI – a condition which can be caused by illness or an accident. However, they stressed that the lottery cash is strictly ring-fenced for the classes and workshops and that they still urgently need funds to help run their services at their base in Fairford Leys.

Phil Simmons, Chairman of the Trustees added: "Despite the progress we have made this year, we do need further help from volunteers to either assist with services or help fundraise for us, because we are in constant need of funds to continue the

work of running a charity. Also, we want to hear from people with ABI because we know we can improve the quality of life for them, their carers and families."

The charity currently opens two days a week, Mondays and Wednesdays, in premises behind the Co-op in Wedgewood Street, offering therapy, information and meaningful social activities. Karen Styles,

Headway's manager, said: "We are really excited by this development. It feels as though our charity has won the lottery – but, in fact, that's really true because we actually have!"

Anyone interested in finding out more, should contact manager Karen Styles on 01296 415469 or [info.headwayav@gmail.com](mailto:info.headwayav@gmail.com)



### Fairford Leys WI

I am sure many of you will have seen lots of information during 2015 regarding the WI Centenary Celebrations throughout the year. We had many ourselves, including our own 15th Birthday party, but the most visible was our floral displays in the troughs around the bandstand in the village square. We had many compliments which were much appreciated.

Once again at our December meeting our members decided to bring beautifully wrapped Christmas gifts which we donated to a local family

charity. There were well over a hundred and hopefully brought Christmas cheer to many families.

During the course of last year we had many ladies come as guests to our meetings and in many cases they joined. January is the month when subs are collected for the coming year and this January we were overwhelmed when 11 new ladies came along, joined and paid their subs. We have an interesting list of speakers for the coming months and as usual will be organizing outings and special events as the year progresses.

**theWI**  
INSPIRING WOMEN

1915 FOR 100 YEARS 2015

You can pick up a programme from the Fairford Leys Centre if you would like further information, names of people to contact are printed on the back of the programme.

**Diane Nolan**  
President - Fairford Leys WI

# Hampden Veterinary Hospital

## Vaccinations – Did you know?.....

**Dogs, cats and rabbits are susceptible to several common and potentially fatal infections that can be avoided by vaccination.** The sources of these diseases include other diseased animals, healthy “carrier” animals and contaminated environments. Vaccination provides an efficient solution to the prevention of diseases that may be acquired from known or unsuspected sources.

Vaccinations make susceptible animals immune and resistant to infectious disease. However, it is doubtful whether any vaccination provides a level of immunity that totally prevents infection following natural exposure. In the vaccinated animal, contact with the infectious agent produces a boost to vaccination-induced immunity resulting in a more effective containment of infection. Although an infection may not be completely prevented, the quantity of infectious agent in vaccinated animals may be much reduced after exposure leading to protection from clinical disease. In addition to preventing disease in individual animals, if enough of the population is protected from infection the agent may be eradicated as it cannot spread in the community (e.g. distemper virus in dogs).

Animals are born with antibodies from their mothers; hence vaccinations are usually started when they are 8 to 10 weeks old to coincide with the reduction in these antibodies. Vaccinations are usually modified live (weakened) or non-living. The latter includes components of organisms, inactivated or genetically-

engineered components, chemically-inactivated virus and recombinant proteins.

Cat vaccinations include Feline Calicivirus, Feline Herpesvirus (cat ‘flu’), Feline Parvovirus and Feline Leukemia Virus. Dog vaccinations include Canine Distemper Virus, Canine Parvovirus, Canine Adenovirus, Leptospirosis, Canine Parainfluenza and Bordetella Bronchiseptica (Kennel Cough). Rabbits are vaccinated against Myxomatosis and Rabbit Haemorrhagic Disease Virus.

Most vaccines for dogs and cats contain living organisms which produces a better quality and quantity of immune response than non-living vaccinations. Vaccine manufacturers often recommend that booster doses of vaccines should be given following a primary course. In most cases this advice is based on their duration of immunity studies. Recently, based on persistence of antibody levels following vaccination, it has been suggested that dogs do not require vaccination annually to all canine viruses and a period of 3 years between some components of dog vaccinations has now been adopted. For example here at Hampdens we vaccinate dogs annually for Leptospirosis and Kennel Cough and every 3 years add in the Distemper, Adenovirus and Parvovirus.

For any further information or advice about your pets contact your local Fairford Leys Surgery on 01296 745 371 or call in to see them.

**Natasha Hornby -Hampden Veterinary Hospital**



## Hampden Veterinary Hospital

### Fairford Leys Branch Surgery

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# Going Green

## Too good to be true!

Climate change, although important and affecting us all, seems to be a subject that is avoided. Many believe that it does not affect them, but we can all do our bit to reduce the forthcoming effects, whilst gaining commercially now.

Reducing maintenance costs as well as running costs, i.e. the amount you pay an electricity company supplier, is easily done - by 'turning an expense into an asset', with financial tax incentives. The Fairford Leys Centre wanted to save money in running costs and The Energy Associates, having inspected the heating and lighting being used, concluded lighting was the main area for improvement. The kitchen was the first task; changing the fluorescent tubes for LED equivalents which are immediately brighter and use far less energy.

The main challenge was the sports hall. A calculation indicated massive savings to be made, but there were three other concerns for the client, that became a priority.

1. "We want it brighter"
2. The hall is used for sports and some little treasures find it a challenge to kick a ball at the lights, often causing breakages!
3. Being high up, it is a real chore to be constantly changing the fluorescent tubes, which are becoming more expensive and harder to obtain.

LiteWorx the local lighting solution provider met the challenge. The latest Mitsubishi 'high bay' units, were perfect. Solid, damage proof, ultra-bright, lower energy and a 5 year manufacturer's warranty. So instead of having thirty two

fluorescent tubes, they now only have eight LED units, consuming less than 25% of the energy originally required. Clearly, the result was a much brighter area, no maintenance costs or headaches and lower electricity bills. It's too good to be true, and seeing is believing.



The Energy Associates are an independent energy adviser, drawing upon the skills of reputable suppliers and installers of energy saving technologies. LiteWorx have access to distribution and manufactures offering lower prices and the most up to date lighting units, Mark Simmons of LiteWorx comments "in some cases we have recommended and installed branded products that were released a week, or so previously, meeting the rapidly changing EU regulations", Converting to LED is simple and working out the savings is not rocket science, just basic arithmetic. At least the Fairford Leys Centre has now become much more energy efficient and 'greener', Andrew Barnett Centre Manager said "We have taken the initiative to meet the forth coming climate change responsibility seriously and playing our part in reducing operating costs, whilst saving money long term".

**Mark Simmons - LiteWorx**  
**01296 340 777**

## Energy Envoys Help Community Hot Spots to go Green



Young people are crucial to our energy future not only in the buildings around them today, but as the energy buyers, users and decision-makers of tomorrow. Will they propel us to a cleaner energy future? Energy Envoys may just make it so. This nationwide Duke of Edinburgh's Award (DofE) volunteering opportunity, new for 2016, enables young people to help their community to use energy more wisely, save money and reduce carbon emissions. Through their volunteering, participants could conduct an energy audit, organise an energy awareness campaign or run an energy saving competition.

There are step-by-step guides for all sorts of projects which can be carried out in, for example, a local school, college, church, business, shop or venue. Online support includes a tutorial and one-to-one email support from energy experts at the National Energy Foundation.

Do you know someone aged 14-24 years ready to go for Bronze, Silver or Gold? If so, this certainly promises to be one of the more flexible, CV-enhancing, DofE volunteering options available.

For more information, visit [www.energyenvoys.org.uk](http://www.energyenvoys.org.uk)

**Gordon Glass**  
**Online Marketing Manager,**  
**SuperHomes National Energy Foundation**

# Aylesbury Waterside Theatre

There are lots of must-see shows taking place at Aylesbury Waterside Theatre this Spring. With everything from live music to an Agatha Christie thriller, award-winning musicals to a best-loved comedy masterpiece - there's something for everyone this season.

**Rehearsal for Murder - Mon 22 – Sat 27 Feb** boasts a star cast including Robert Daws, Amy Robbins, Robert Duncan, Susan Penhaligon, Steven Pinder and Lucy Dixon.

**End of the Rainbow - Tue 1 – Sat 5** This award-winning Broadway and West End hit, is set to entertain and inspire when it arrives at the Waterside Mar starring Lisa Maxwell.

**Private Lives Mon 7 – Sat 12 Mar.** Noël Coward's comedy promises a glittering production of one of the greatest plays of all time. Starring Tom Chambers and Laura Rogers, an elegant evening of wit and glamour is sure to be a deliciously delectable and unforgettable classic.

**Big Country in Concert - Sat 20 Feb.** Live music fans won't want to miss this as they celebrate their stunning catalogue of songs, performing hits including Harvest Home, Fields of Fire, In A Big Country and The Teacher.

**The Proclaimers - Sun 29 May** This Scottish band make their Waterside Debut.



**Annie - Mon 14 – Sat 19 Mar!** Young theatre fans will love family favourite musical. With **Lesley Joseph** playing the tyrannical Miss Hannigan, this stunning show is a new production with breath-taking sets, spine-tingling singing and all the unforgettable songs including Hard Knock Life, Easy Street and of course, Tomorrow.

Book now by calling **0844 871 7607** (bkg. fee) or visit **www.atgtickets.com/aylesbury** (bkg. fee).

**Alison Trimming - Waterside Theatre**

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# News from the Schools

## Bearbrook School

Life at Bearbrook Combined School was very busy during the autumn term 2015/2016. We welcomed our new children in to Foundation and we are pleased to say that they all settled in marvellously into Bearbrook school life. The children made new friends, started new adventures and even went on their first walking trip around the local area. Other year groups also took part in educational visits to the Odeon cinema, the National Space Centre and we also held special WOW days in Year 1 (Toy day), Year 4 (Roman day) and Key Stage 2 (Christmas WOW day).

The school took part in some fund raising events during the term, in particular Children in Need and a special sponsored event for WheelPower. The children were sponsored to take part in a special wheel chair day and learnt about the challenges those who are wheelchair bound face every day. The children thoroughly enjoyed their day and managed to raise funds too.



Foundation were joined by our Pre School children for their Christmas production of 'The Night Before Christmas' and Year 1 and Year 2 took part in their Christmas production 'The Jolly Christmas Postman Nativity'. The children sung their little hearts out and made us all very proud.

The highlight of the Christmas period was our Christmas lunch day where all the staff joined in with the children wearing Christmas costumes and hats and all the children celebrated Christmas with crackers, hats and a Christmas dinner. We were all feeling very festive by the end of it and we all had a fantastic time.

As we continue in to the new spring term Bearbrook continues to be a hive of learning activity. Year 3 children have already taken part in their Egypt day; Year 1 has had a special fairy tale WOW Day and Year 2 were visited by the RNLI. We continue to strive to give our children the very best education we can and we are very thankful to have such supportive parents and carers.

**Marcus Faulkner**  
Headteacher

## St Mary's Cof E School

A lot has been happening at our school since we last appeared in Coldharbour News.

Our long waited extension was completed in last August in time for the new academic year. We now have a multi use games area, a large hall extension, a new classroom and group room and a large Early Years Building. Generous funding from Bucks County Council has meant we have been able to furnish and equip these new spaces with everything brand new.

On 2nd November we had a visit from the Bishop of Buckingham who met our children and blessed all our new areas.



The new buildings have meant we have been able to admit an extra class into Early Years this year. **In September 2016 our admission number will go back to 60 and we will be opening a Nursery Class at St Mary's with morning and afternoon sessions for 3 to 4 year olds. The Nursery will be led by an experienced teacher from the school and the children will benefit from our lovely building and outside area. Please contact the school to register your interest.**



Last May we had a visit from Ofsted and we were delighted to receive a judgment of GOOD in all categories. It was a testament to all the hard work and dedication that our staff and Governors have given to bring about improvements to the school and do the best for our children.

Christmas is always a very special time at St Mary's and all our children were involved in concerts and Christmas productions. We ended the term with a Christmas lunch all wearing our festive jumpers!

**Patricia Gurton** Headteacher



# Appeal for Contributions

This newsletter is produced three times a year to keep residents up to date with what Coldharbour Parish Council are doing on behalf of residents and businesses. It is also a tool for local advertising. Remember, this newsletter goes through every door on Fairford Leys and is available free to anyone who uses the Fairford Leys Centre.

We aim to produce 24 pages, but this time it is down to 20 because of both fewer articles and less advertising. So if you have something interesting to share with other residents, be it a charity, an unusual hobby, a spectacular holiday, a beautiful garden, an outstanding achievement, a social group etc, then please contact me on 01296 331822 or email [sally@buskrigg.co.uk](mailto:sally@buskrigg.co.uk). This does not cost you anything. Also if you have a small business to promote, have a look at the advertising rates inside the front cover of this edition. This is an easy way at a very reasonable price to reach over 2,500 people in their own homes. Advertising for charities is free. For full details please call Andy Barnett on 01296 422800 or email [andy@fairfordleyscentre.org.uk](mailto:andy@fairfordleyscentre.org.uk).

Remember, this newsletter is produced by the parish council for the residents, but it is also your newsletter, so please consider sending us something to help to fill the next edition.

**Cllr Sally Pattinson**  
Editor



## Get onboard



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# The Big Fairford Leys Clean Up

Clean for the Queen is a campaign launched by Country Life magazine in partnership with Keep Britain Tidy to clear up Britain in time for The Queen's 90th birthday this year. It will rally an army of volunteers across the country to clean up their local areas and will include a special clean-up weekend on 4th-6th March.

Coldharbour Parish Council is proposing to take part in this campaign, not only by asking residents to clear up any litter they may find in the village but also to consider this as an ideal opportunity, as a community, to paint those fences, pressure wash your front garden - maybe you could help your neighbours and share the workload or resources - or maybe do a bit of weeding down the street. Let us give Fairford Leys a general clean and tidy up so we are all spick and span for the summer!

More details will be available nearer the time, but if you think you could spare a couple of hours to help with this effort, please leave your details with the Fairford Leys Centre and we will contact you with more information. Tel. 01296 422800 email [andy@fairfordleyscentre.org.uk](mailto:andy@fairfordleyscentre.org.uk).



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## Legal Answers to Family Problems

Our third article from Kidd Rapinet  
We hope you have found them useful.



### Leaving on a jet plane?

**Two years ago my girlfriend and I split up. Our son now lives with his Mum and I see him frequently including every other weekend. My ex recently married her boyfriend who is from Australia. We were getting on well, in fact I attended their wedding. However, he has now been offered a full time job back in Australia and is keen to return. My ex says it is a chance of a lifetime for her and our son. I am worried that I might never see my son again, what should I do?**

**Mark Studdart says:** A very difficult decision awaits you and your ex-partner. You share something called Parental Responsibility for your son. This means that you must make decisions together about your son's welfare including whether it is best for him to live with his mother outside of the UK.

If you cannot reach agreement ultimately the Family Court can make a decision for you, called a Child Arrangements Order. Such decisions are based primarily on your son's best interests but the Court will look hard at the implications on when your son can spend time with you as well as practical matters such as the plans for where he would live, where he would go to school, how secure the new husband's job is and other related matters. It is sensible to have a frank discussion with your ex-partner and to request full details of her practical plans. If you remain unhappy then you must seek advice from a qualified lawyer who specialises in family law work.

If you have a problem and you would like Mark to answer please contact Mark Studdart at Kidd Rapinet LLP, Western House, 14 Rick fords Hill, Aylesbury, Bucks. HP20 2RX or call him on 01296 432541 or by email at [mstuddart@kiddrapinet.co.uk](mailto:mstuddart@kiddrapinet.co.uk). Mark Studdart is a qualified solicitor and has 17 years experience as a specialist family lawyer.

**Mark Studdart - Kidd Rapinet LLP**

## Useful Numbers

**Arriva Buses**  
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**BT Fault Line**  
0800 800151

**Childline**  
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**The Church on  
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01296 424980

**Clerk to Coldharbour  
Parish Council**  
01296 422800

**Doctors Surgery**  
01296 424488

**Eastgate Dental Practice**  
01296 433222

**Electricity - Power loss**  
0800 3163105

**Fairford Leys Centre**  
01296 422800

**Fairford Pharmacy**  
01296 485050

**Gas - Emergency**  
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**N.H.S. Out of hours**  
111

**Stoke Mandeville Hospital**  
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**Thames Valley Police**  
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**Thames Water**  
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### Dates for the next full council meetings

Meetings are held at the Fairford Leys Centre at 8pm. Everyone is welcome but please check the Parish Notice Board or the website to ensure that no last minute changes have been made.

- **Thursday 3rd March**
- **Thursday 7th April** - Annual Parish Meeting.  
A chance for residents to voice their opinions
- **Thursday 5th May** - Annual Meeting of the Council - Election for Chairman etc.
- **Thursday 2nd June**

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